

TfL Global Radio Content

Dr Susan Mitchell, Alzheimer's Research UK

VO: Poor air quality is affecting the health of Londoners...

SM: *I'm Susan Mitchell, Head of Policy at Alzheimer's Research UK. We're a charity that exists to end the fear, harm and heartbreak of dementia.*

Recent reports have shown a link between air pollution and an increased risk of developing dementia.

We believe risk factors, such as air pollution, account for 40% of dementia cases, many of which could be avoided. With almost 1 million people living with dementia in the UK – reducing our risk is extremely important.

It's really encouraging to see the ambition at a local level to reduce air pollution and help reduce the risk of developing dementia.

VO: To help clear London's air and improve health the Ultra Low Emission Zone is expanding across all London boroughs from 29th August this year. To check your vehicle and see the support available search ULEZ 2023.